

Elite NLP Training Academy

NLP Master Practitioner Certification Syllabus

The duration of the NLP Practitioner Certification training is to be carried out over a **minimum of 90 hours** of which 59 must be completed over a minimum of **9 days in-person, face-to-face training** (not online) and the additional hours can be made up by pre-course, in-course and post-course study in the advanced skills of NLP patterns led by a Certified Trainer of NLP from a recognised trainer. Where post-course study is part of the course, Certification cannot be awarded until all post-course study is complete. A demonstration of ability to identify the following basic skills, techniques, patterns, and concepts of NLP and to utilise them competently with self and others:

- Integration, mastery & elegance of NLP Practitioner Skills
- Ability to manage one's own state
- Ability to do change work with self and others
- Precision and resourcefulness through all representational systems
- Ability to track logical levels
- Ability to separate process from content about process
- Ability to establish and maintain rapport
- Modelling - elicitation, replication, utilisation & transfer
- Conscious and unconscious embodiment of NLP Presuppositions
- Sleight of Mouth patterns
- Change and install strategies
- Multi-Level communication
- Meta Programs - elicitation, calibration, utilisation, change & flexibility
- Values - elicitation, calibration, utilisation & change
- Advanced Submodality work
- Advanced Timeline work
- Advanced Milton Model